

Need a chat?



friendline

A FRIENDS FOR GOOD SERVICE

The national support service ready
for a cuppa and a conversation.

friendline.org.au

FriendLine is available for anyone who needs to reconnect or just wants a chat.

All conversations are casual and anonymous (this is not a crisis service) and our friendly volunteers are ready to talk about anything and everything.

The service is open Tuesdays to Thursdays.

Call

 **1800 4 CHATS**
(1800 424 287)

Support line is open 6pm – 8pm

Chat

 **friendline.org.au**

Online chat is open 1pm – 4pm

An initiative from



Friends For Good is a volunteer driven not-for-profit organisation aiming to foster a greater sense of connection and wellbeing for individuals and communities.

To find out more or to donate, please visit [friendsforgood.org.au](https://www.friendsforgood.org.au)